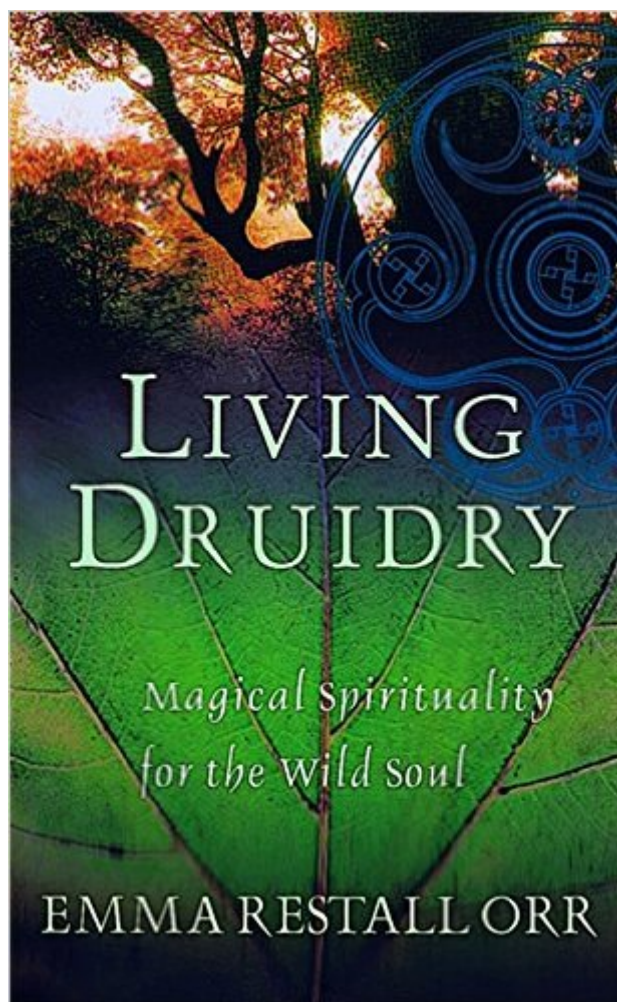


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# Living Druidry



## Synopsis

In *Living Druidry* Emma Restall Orr opens the doorway to this powerful and ancient spirituality in a way that is both accessible and inspiring. Grounded in everyday life and experience this book guides the reader to find their own vision, and their own deep, personal, ecstatic relationship with nature. You will learn about: The fundamental principles underlying Druidry; The relevance of Druidry and nature spirituality today; The powers of nature that resonate within the individual; Understanding and accepting yourself; How to bring a profound spiritual experience into your everyday life; Simple ways to acknowledge and embrace the wild side of your nature

## Book Information

Paperback: 216 pages

Publisher: Piatkus; 1st Ed. edition (June 24, 2004)

Language: English

ISBN-10: 0749924977

ISBN-13: 978-0749924973

Product Dimensions: 5.2 x 0.8 x 8.5 inches

Shipping Weight: 9.1 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars Â Â See all reviews Â (7 customer reviews)

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## Customer Reviews

So often writers within the pagan or Druidic community put out a book every year, saying the same thing in a slightly different way. Yet when Bobcat (Emma Restall Orr) writes a book, you can be confident she has something challenging to say, encouraging the reader to really LIVE their path - not just read about it. This book is a well-spring of inspiration - one that can be read straight through or dipped into on specific topics, as it has a good index at the back. It challenges our ethos, our walk, our commitments - and in the end, simply inspires one to freely dance their Druidry with courage and honour.

Here is a book that relates the experience of one mystic as she communes with the natural world. Emma Restall Orr is Head of the International Druid Network and her book recounts how we might

all use the powers that lie within the features of the natural world to kindle the powers within. It is a guide to the experience of inspiration generated by the natural world through the cultivation of awen, as it is called in Druidry. In Welsh, awen is the inspiration of the poet bards or, in its personification, Awen is the inspirational muse of creative artists in general: the inspired individual is described as an awenydd. The author defines awen as 'flowing spirit' and says that 'Spirit energy in flow is the essence of life'. The author has a whole chapter on Finding Connection (with spirit) through the web of awen - a path to enlightenment that we can all try to follow if we so wish. As the author points out in another chapter, Druidry can be interpreted as polytheistic (with many gods) or pantheistic (with one deity, represented by the sacredness of nature). In the book, the principles of Druidry are interspersed with uplifting personal anecdotes. This book expresses so well the exhilaration I felt keenly as a boy, and still feel today in a more subdued vein, as I walk through woodland, heavy with the scent of bluebells, but totally still except for birdsong and the murmur of insects. The materialists will dismiss any numinous interpretation of such experiences and say simply that they illustrate merely the capacity of the human mind (or soul?) to experience joy through beauty. What you feel depends on what you believe. I would recommend this book to anyone who wants to find spirituality within the natural world or simply to learn what the practice of Druidry involves.

I found this book a bit less accessible to me than a number of other Druid books I have read. Ms Orr is very focused on England and her particular views of a very broad and inclusive spiritual path as if there were no others. However the book is worth study to anyone who is seriously seeking to walk the Druid path and sends one's thoughts along some new or parallel tracks. If seeking Truth, then all avenues need to be explored.

Written in a gentle flowing style, this book from Druid Priestess, Emma Restall Orr is a must have for those seeking information and guidance about Druidry, and living the Druid Path today.

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